

09796 | KaterVeg! | 3-16x63g

Gluten Free Vegetable Burgers 63g

A seasoned blend of vegetables and beans, coated in gluten-free breadcrumbs (approx. 63g each). Salt levels below PHE 2024 Targets. Source of fibre.Suitable for vegetarians, vegans and coeliacs.

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Description

Legal Product Name	KaterVeg! Gluten Free Vegetable Burgers 63g
Unique Marketing Statement	A seasoned blend of vegetables and beans, coated in gluten-free breadcrumbs (approx. 63g each). Salt levels below PHE 2024 Targets. Source of fibre.Suitable for vegetarians, vegans and coeliacs.
Brand Name	KaterVeg!

Ingredients

Ingredients	Vegetables (23%) [Onion, Peas, Carrots], Water, Cooked Beans (13%) [Red Kidney, Haricot], Cooked White Rice, Gluten-Free Breadcrumbs (11%) [Rice Flour, Gram Flour, Maize Starch, Salt, Dextrose], Vegetable Oils (Sunflower, Rapeseed) in varying proportions, Dehydrated Potato, Maize Starch, Maize Flour, Rice Flour, Salt, Tomato Powder, Spices [Black Pepper, Cayenne Pepper, Coriander Seed], Oregano, Thickener (Xanthan Gum).
Is the product made from at least 65% British ingredients?	No
Contains GM Ingredients	No

Nutrition

Servings per Consumer Unit (Inner)	48
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Nutrients	Quantity per 100g/ml
Energy (Kilojoules)	912 kJ
Energy (Kilocalories)	218 kcal
Fat, Total	10.3 g
Saturated	0.9 g
Carbohydrate	24.9 g
Sugars	1.3 g
Dietary Fibre, Total	3.9 g
Protein, Total	4.5 g
Salt	0.69 g
Sodium	276 mg

Allergens

Cereals containing Gluten (and products thereof)	Does NOT Contain
Wheat	Does NOT Contain
Rye	Does NOT Contain
Barley	Does NOT Contain
Oats	Does NOT Contain
Crustaceans (and products thereof)	Does NOT Contain
Egg and Egg Products	Does NOT Contain
Fish and Fish Products	Does NOT Contain
Peanut and Peanut Products	Does NOT Contain
Soybean and Soybean Products	Does NOT Contain
Milk and Milk Products	Does NOT Contain
Tree Nuts (and products thereof)	Does NOT Contain
Almonds	Does NOT Contain
Hazelnuts	Does NOT Contain
Walnuts	Does NOT Contain
Cashews	Does NOT Contain
Pecan nuts	Does NOT Contain
Brazil nuts	Does NOT Contain
Pistachio nuts	Does NOT Contain
Macadamia or Queensland nuts	Does NOT Contain
Celery / Celeriac (and products thereof)	Does NOT Contain
Mustard (and products thereof)	Does NOT Contain
Sesame Seeds and Sesame Seed Products	Does NOT Contain
Sulphur Dioxide and Sulphites (>10mg/kg)	Does NOT Contain
Lupin (and products thereof)	Does NOT Contain
Molluscs (and products thereof)	Does NOT Contain

Dietary Information

Halal Certified	No
Kosher Certified	No
Suitable for Vegan	Yes
Suitable for Vegetarian	Yes

Organic Certificate	No Organic certificate
Can any Ethical or Fairly traded claims be made?	No ethical or fairtrade claim
Can any other sustainability claims be made for this product?	None
Does any other assurance scheme apply to this product?	No assurance scheme

Preparation Suggestions

Oven	Pre-heat oven to 220°C/Fan 200°C. Place on a baking tray and cook for 20-25 minutes, turning halfway through cooking time. Ensure Gluten-Free Vegetable Burgers are piping hot throughout before serving. To maintain gluten-free and vegan integrity, please ensure all equipment used for gluten-free and vegan preparation/cooking/serving is clean or dedicated for gluten-free and vegan use only.
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Packaging

Do you have any packaging environmental claims?

No environmental packaging claim