



PSHE

INTENT, IMPLEMENTATION, IMPACT

Intent

- Personal, Social, Health and Economic education (PSHE) helps to give pupils the knowledge, skills and emotional understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens.
- Pupils are encouraged to take care of both their physical and mental health.
- Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities.

Learning opportunities -

- Children learn to recognise their own worth, work well with others and become increasingly responsible for their own learning.
- They reflect on their experiences and understand how they are developing personally and socially, tackling many of the emotional, moral, social and cultural issues that are part of growing up.
- Pupils also find out about their responsibilities, rights and duties as individuals and members of communities.
- Learn to understand and respect our common humanity, diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.

Implementation

- The knowledge, skills and understanding is taught in a progressive way that develops knowledge gained from previous learning.
- Pupils' confidence and responsibility and making the most of pupils' abilities.
- Preparing to play an active role as citizens.
- Developing a healthy, safer lifestyle.
- Developing good relationships and respecting the differences between people.
- The school follows an individualised programme of study.

Impact

Our pupils will be able to -

- Demonstrate that they can manage some feelings in a positive and effective way. Children can demonstrate that they recognise their own worth and that of others (for example by making positive comments about themselves and classmates).
- Children will be able to make simple choices about some aspects of their health and well-being (for example by choosing between different foods and between physical activities, knowing that they need sun protection).
- Children can recognise that bullying is wrong and can list some ways to get help in dealing with it.
- They will be able to recognise the effect of their behaviour on other people.
- They will be able to name the main parts of the body. They can demonstrate some ways to deal with bodily and emotional changes at puberty.
- They will begin to share their views and opinions (for example talking about fairness).
- Children will be encouraged to cooperate with others (for example by playing and working with friends or peers).
- They will be able to identify and respect differences and similarities between people.

